



## Payment Options

You are here for help, this is our first concern. If your insurance will not cover therapy and self pay is truly out of reach, please communicate this with us. If you generate a heavy debt load for professional therapeutic counseling and cannot pay, this is not helpful to you. So you do not generate burdensome debts from our services, we will agree with you that services may not be continued beyond two unpaid sessions and we also agree not to send your debt to collections.

PLEASE SELECT YOUR PAYMENT METHOD:

### Simple Billing Option/Self Pay

It is our mission to provide licensed therapeutic services to you at a reasonable cost. Self pay sessions will be billed at a cost of \$100.00 for a fifty (50) minute session. Payment will be due at the time of service. We will provide you a receipt, and you may send this receipt to your insurance company for reimbursement for their portion of the expense - it's that simple. There will be no additional expense for initial assessment or review sessions. Couple or family therapy will be billed at a rate of 150.00 for a fifty (50) minute session.

### Third Party or Insurance Billing

You may choose to bill your insurance for services. Fees will be billed to your carrier at a rate negotiated with each provider. Be aware that insurance rates billed are typically much higher than our cash pay rates and if denied you will be responsible for the billed rate. The higher amount accounts for cost associated with billing expenses. Co-Pays will be due at the time of service. If you have high deductibles, co-pays or limited services, the SELF PAY option may save you money. We will assist in helping you understand your coverage amounts if requested, however you are ultimately responsible for understanding your plan and you will be responsible for any amount billed to, and not covered by your insurance company.

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NAME (Print)

DATE

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Patient or Guardian Signature

DATE

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Witness

DATE